

What are you going to do about food and fuel bills this winter?

Learn about fuel and food assistance programs. Attend workshops on home weatherization, financial planning, healthy food purchasing and preparation, and much more.

Weatherization Kit including a Compact Fluorescent Light bulb and other valuable coupons for the first 200 participants!

SEASONAL FLU SHOTS, WHILE SUPPLIES LAST

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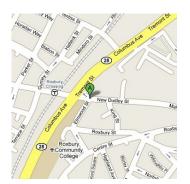
SEPTEMBER 12TH
9AM — 1PM
REGGIE LEWIS TRACK
& ATHLETIC CENTER

1350 TREMONT STREET, ROXBURY

CITY OF BOSTON • Thomas M. Menino

Reduce your electric, heating, water, and food bills now!

FOR MORE INFORMATION AND LANGUAGE INTERPRETATIONS CALL 617.635.4500 AND VISIT WWW.CITYOFBOSTON.GOV/MAYOR/FOOD_FUEL.ASP



DIRECTIONS FROM ROXBURY CROSSING STATION ON THE ORANGE LINE At Roxbury Crossing take a right when leaving the station. Cross Tremont Street and the entrance Reggie Lewis Center is located at the intersection.

DIRECTIONS BY BUS OR FROM DUDLEY SQUARE STATION IN ROXBURY MBTA Bus routes 15, 22, 23, 28, 42, 44, 45, 66 all stop at Roxbury Crossing. From Dudley Square Station take any bus going towards Ruggles Station or Harvard Sq and get off at Roxbury Crossing

Parking is available behind the Reggie Lewis Center. The entrance to the parking lot is off Tremont Street.

SPONSORS INCLUDE:



















For free one-on-one counseling sessions, bring the appropriate documentation with you. Please bring at least 1 copy of each document for the utilities to keep.

These documentation requirements only apply if you want to participate in counseling sessions. Participation is not required to attend the summit.

NATIONAL GRID COUNSELING

- Utility bills
- Income verification documents (examples: paycheck stubs, unemployment stubs, W-2 forms, 1040 Tax Return statement, Bank Statement-Automatic Deposit, Benefit check, SSI verification letter, notarized letters)
- Medical letters
- Proof you are a recipient of any means-tested financial assistance program to be eligible for low-income discount rate

NSTAR COUNSELING

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BOSTON PUBLIC HEALTH COMMISSION SEASONAL FLU SHOT CLINIC

 Children under 18 years of age must be accompanied by a parent or quardian

